

Bookworms and Their Diet

Elkhart, IN Fall 2017

NON-FICTION

Arthur, Max – *Last of the Few: The Battle of Britain in the Words of the Pilots Who Won It* – Summer of 1940, the British RAF daily fought the Germans with help from Polish, American, Canadian and a few German pilots who saved Britain.

Budiansky, Stephen - *Blackett's War: The Men Who Defeated the Nazi U-Boats and Brought Science to the Art of Warfare* – Patrick Blackett revolutionized the Allied anti-submarine effort through the disciplined, systematic implementation of simple mathematics and probability theory.

Castner, Brian – *The Long Walk: A Story of War and the Life That Follows* - USAF officer, twice head of Explosive Ordnance Disposal unit in Iraq, shares stunningly honest horrors of war and the lonely battle carried inside against PTSD after returning home that affects so many veterans.

Eastman, Charles Alexander (Ohiyesa) – Edited by Kent Nerburn - *The Soul of the Indian (Native American)* Rare firsthand account that brings to life the rich spirituality and morality of the Native Americans as they existed before contact with European missionaries and other whites.

Esselstyn MD, Caldwell B. *Prevent and Reverse Heart Disease: The Revolutionary, Scientifically Proven, Nutrition-Based Cure* Results of his twenty-year nutritional study illustrates that a plant-based, oil-free diet can not only prevent the progression of heart disease but can also reverse its effects.

Greene, Bob - *Once Upon a Town* – WWII American soldiers on their way to war experienced warmth and support in tiny North Platte, Nebraska, by volunteers in its transformed railroad depot, open from 5 AM until after 12 midnight.

Goldstein, Amy – *Janesville: An American Story* – Intimate account of the 2008 fallout from the closing of the General Motors assembly plant in Janesville, Wisconsin, Speaker of the House, Paul Ryan's hometown. Pits Union members from the plant against teachers union. How this small town has recovered.

Lascher, Bill – *Eve of a Hundred Midnights: The Star-Crossed Love Story of Two WWII Correspondents and Their Epic Escape Across the Pacific*

Roosevelt, Elliott – *Mother R: Eleanor Roosevelt's Untold Story* - Mother of 6 children; As a revolutionary outspoken first lady, she was a great humanitarian who dedicated much of her life to fighting for political and social change.

Rosenfelt, David – *Dogtripping: 25 Rescues, 11 Volunteers, and 3 RVs on Our Canine Cross-Country Adventure* - funny account of a cross-country move from California to Maine, and the beginnings of author's dog rescue foundation.

Specht, Robert (as told to) and Anne Hobbs – *Tisha, The Story of A Young Teacher In The Alaskan Wilderness* - 1927, Anne Hobbs, age 19, Chicken, Alaska- After she allowed Alaska Native children into her classroom and fell in love with a half-Inuit man, she learned the meanings of prejudice and perseverance, irrational hatred and unconditional love.

Sullivan, John F. - *Gatekeeper: Memoirs of a CIA Polygraph Examiner* – Author was a polygraph examiner with the CIA for thirty-one years. The lie detectors act as the Agency's gatekeepers, preventing foreign agents, unsuitable applicants, and employees guilty of misconduct from penetrating or harming the Agency.

Walls, Jeanette - *The Glass Castle* - Author's upbringing by nomadic, eccentric parents. Movie follows book.

Half Broke Horses - Details the life of Jeanette Wall's grandmother, Lily Casey Smith.

Whipple, Chris - *The Gatekeepers: How the White House Chiefs of Staff Define Every Presidency* – Each wield tremendous power in Washington and beyond; they decide who is allowed to see the president, negotiate with Congress to push POTUS's agenda, and enjoy unparalleled access to the leader of the free world.

FICTION

Cameron, W. Bruce *A Dog's Purpose: A Novel for Humans* - Book 1 of a *Dog's Purpose* series. The soulful and surprising story of one devoted dog who finds the meaning of his own existence through the lives of the humans he teaches to laugh and love. Now a delightful movie. Book 2- *A Dog's Journey* – Buddy's purpose of loyalty and love is to protect a baby girl, then after he is reincarnated protect her again when she is a troubled teen.

Backman, Fredrik *A Man Called Ove* - Ove hides his story of sadness behind a cranky exterior. Unexpected friendship develops with his chatty new neighbors and revives his will to live,

Diffenbaugh, Vanessa – *We Never Asked for Wings* - The plight of an undocumented immigrant, a single Hispanic mother of 2 who wants only the best for her children, struggling to make their way in America.

Flagg, Fannie – *A Redbird Christmas* – Oswald Campbell, terminally ill, moves to Lost River, Alabama, and immediately is accepted by the residents. This little quirky, heartwarming tale is about hope and friendship.

Flagg, Fannie - *The Whole Town's Talking* - Elmwood Springs, MO. 1889 -2020 -Unforgettable story of life, afterlife, and the remarkable goings-on of ordinary people- alive and in Still Meadows cemetery. Author reminds us that community is vital, life is a gift and love never dies.

Karon, Jan - *To Be Where You Are* - Author weaves together the richly comic and compelling lives of two Kavanagh families, and a cast of characters that readers around the world now love like kin. ((Mitford series -14th book)

Mbue, Imbolo –*Behold The Dreamers* – Young African immigrant couple in New York City seeking the American dream as they work hard for a wealthy couple, face obstacles of race and class and effects of the 2007-08 Financial Recession.

Moyes, JoJo - *Me Before You* - In a small English village, Will, a quadriplegic is cared for by Louisa who loves him and struggles with how to accept his choices. Now a movie. Book Sequel - *After You* – Louisa wonders how do I move on after losing the person I love and build a life worth living?

Picoult, Jodi – *Small Great Things* - Gripping moral dilemma that will lead readers to question everything they know about privilege, power, and race. Ruth Jefferson is a labor and delivery nurse who faces these questions.

Stedman, M.L. – *The Light Between Oceans* – A heart wrenching story of a lighthouse keeper and his wife who rescue a baby and keep it.

Trigiani, Adriana – *The Shoemaker's Wife* - Multigenerational love story of 2 Italian immigrants that spans two continents, two World Wars, and the quest of the two star-crossed lovers to find each other again.

HISTORICAL FICTION

Archer, Jeffrey- *Only Time Will Tell* – Book 1 of 7 – The Clifton Chronicles series - Epic tale of family beginning with young Harry Clifton in 1920 in England as he wonders about his father he never met and covers his life and family through 2 world wars and life in New York City.

Cantor, Jillian – *The Lost Letter* – Love and survival by 2 resistance workers, Kristoff and Elena, during WWII Austria and the mysterious love letter that connects generations of Jewish families.

Diamant, Anita – *The Red Tent* - Dinah, daughter of Jacob and Leah - tells the traditions and turmoil's of ancient womanhood and the sisterhood of the red tent--the practices of the time, and how women survived.

Dray, Stephanie and Kamoie, Laura – *America's First Daughter* – Martha "Patsy" Jefferson Randolph, oldest daughter of Thomas Jefferson, was his helpmate, protector and traveling companion after her mother's death. Eventually she had to decide could she marry, be a good wife and still be a devoted daughter.

Gaynor, Hazel – *The Girl Who Came Home, A Novel of the Titanic* - Maggie Murphy, 17 years, leaves her sweetheart in Ireland as she sails on the Titanic. One of the fortunate few in steerage to survive, she never tells her painful experience until she shares with her great granddaughter 70 years later.

Hashimi, Nadia – *A House Without Windows* - An unforgettable story of unlikely sisterhood, emotionally powerful and haunting tale of friendship that illuminates the plight of women in a current traditional Afghan culture. Did imprisoned main character Zeba really kill her husband?

Jenoff, Pam – *The Orphan's Tale* - World War II: a Jewish circus aerialist and a teenage girl runaway with a Jewish baby are 'hidden' in a circus as performers. Under Nazi occupation they experience agonizing choices and life-or-death consequences.

Kiernan, Stephen – *The Baker's Secret* - 1944, a small French town on the Normandy coast, only 22, Emma, must daily bake bread for occupying Nazis but she secretly bakes 2 extra loaves she gives to starving villagers. Secretly she builds a clandestine network of barter and trade that she and the villagers use hoping the Allies will soon come.

McCoy, Sarah – *The Mapmaker's Children* - Story alternates between (mid-late 1800's) as John Brown's daughter, Sarah, makes maps for underground railroad slaves and a woman (in 2014) lives in a home that Sarah had visited.

Newman, Leslea – *Hachiko Waits: Based on a True Story* – An Akita waits each afternoon for 10 years at the commuter train station for his dead master. Children's book but for all dog lovers. Now a DVD.

Stratford, Sarah-Jane – *The Radio Girls* - London 1920s-1930s. Stories of fictional Maisie and true characters John Reith and Hilda Matheson intertwine BBC broadcasting infancy and the challenging place of women in workplace, society and in politics.

Sullivan, Mark – *Beneath A Scarlet Sky* - WWII Italian Pino Lella, helping Jews escape over the Alps, is forced by his parents to protect him, to join German Army. Injured he became the personal driver for Hitler's most powerful commander in Italy. Courageously he was an Allied spy inside Headquarters. *True- Pino is still alive and lies in Italy.*

Towles, Amor - *A Gentleman in Moscow* - Count Alexander Rostov is deemed an unrepentant aristocrat by a Bolshevik tribunal and is sentenced to spend the rest of his life in an attic room of the Metropol, a grand hotel across the street from the Kremlin. His new life provides him entry into a much larger world of emotional discovery.

Whitehead, Colson - *The Underground Railroad* - Story of Cora's ferocious will and experiences to escape as a plantation slave to freedom in pre-Civil War era. Well researched story by author.

Wingate, Lisa – *Before We Were Yours* - Story of the Foss children ('30s) and Avery Stafford (present) and a real-life scandal from the '30s to 1950. Georgia Tann, who ran the Memphis, TN, Children's Home Society, stole poor children from their families and single mothers and sold them to people who could afford them.

HISTORICAL FICTION - ROMANCE

Johnston, Joan – *The Inheritance* - A Duke disowned 20 years ago by his father, returns from America to England to sell the estate he inherited but a former Duchess of the estate will do anything to keep him from selling.

Perez-Reverte, Arturo – *What We Become* - Love story of a gigolo-ballroom-dancer-jewel thief and his beautiful mark who became his mistress extending from the 1920s until the 1960s with spies, the Spanish Civil War, the Cold War.

Verge, Lisa Ann - *Twice Upon A Time (The Celtic Legends Series Book 1)* - Enthralling tale of magic, enchantment and a love from ancient England and Ireland that transcends time as warrior Conor battles to make exiled Brigid his queen.

RELIGIOUS

Hybels, Bill – *Just Walk Across the Room: Simple Steps Pointing People to Faith* - By simply crossing the room and saying hello to someone, could change that person forever and for you as well, as you learn the power of extending care, compassion, and inclusiveness under the guidance of the Holy Spirit.

MYSTERY

Coel, Margaret – *Winter's Child* – (A Wind River Mystery series) Arapaho attorney Vicky Holden and Father John O'Malley on Wind River Reservation investigate the murder of an attorney helping a couple adopt a little girl left on their doorstep 5 years earlier.

Cook, Eileen – *With Malice*- 17year old Jill can't remember the accident that battered her body and killed her best friend in Italy. Is Jill the innocent crash victim or a jealous murderer?

Graham, Heather – *The Unspoken* – Book 2 of 11- Krewe of Hunters series- Will Chan, forensics guru and Katya Sokolov, paranormal investigator explore why two divers died while making a documentary of a 1898 sunken ship in Lake MI.

Hawkins, Paula – *The Girl on the Train* - When a murder occurs, Rachel becomes entangled in the investigation because of what she has witnessed on her daily train commute to London. Now a movie.

Heley, Veronica – *Murder at the Altar* – Book 1 of 11 Ellie Quicke (English) series- As a new widow, Ellie helps solve a mystery of a young man killed in a church in front of the altar and is not deterred when her life is threatened.

Kellerman, Jonathan – *Dr. Death* - Alex Delaware (Psychologist-Detective) Series- No. 14) Someone murdered euthanasia champion Dr. Eldon Mate—a self-styled Dr. Death responsible for scores of assisted suicides.

The Murder Book – No. 16 - An album filled with gruesome crime-scene photos is sent anonymously to Alex.

Saunders, Kate – *The Secrets of Wishtide* – Book 1 of 6 Laetitia Rodd (English) series – 1850, Victorian Laetitia, a middle aged detective, is asked to investigate the background of a woman and she discovers the woman's family secrets.

Shumock, Joe – *Letter to Die For* – Letter Series Book 1 of 3 – Young woman threatened with death as courageously tries to solve 25 year old hit and run accident. (Book 4 of series out soon).

FAVORITE AUTHORS

FICTION - **Trigiani, Adriana** – Big Stone Gap novels; other of her novels

HISTORICAL FICTION - **Gregory, Philippa** - The Plantagenet and Tudor novels & others during English Tudor dynasty rule

HISTORICAL FICTION - ROMANCE

Ashley, Jennifer – Paranormal and historical **Balogh- Mary** – Historical **Burrowes, Grace** – Historical

Putney, Mary Jo – Contemporary and historical **Smith, Cheryl Ann** – Historical

MYSTERY

Braun, Lillian Jackson - *The Cat Who* series - Cats help solve murder mysteries

Patterson, James – Series - Alex Cross; Women's Murder Club; many other novels

Penny, Louise - Inspector Armand Gamache in Quebec. Series-read in order

Perry, Anne – Victorian England, William Monk series & Charlotte and Thomas Pitt series

Peters, Elizabeth - Amelia Peabody, archaeologist adventures in Egypt, series

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