

**Bookworms and Their Diet
Mansfield, Ohio Fall 2019**

NON-FICTION

Author and GMC Motorhomes International member in attendance at this convention was

Meredith, Wendi - *The Art of Frugality (Spending Strategies In A Tight Economy)* - Guide to being a smart shopper and saving money in every area of your life. Includes 33 recipes. Author uses these strategies as she shops.

Fraser, Antonia – *Mary Queen of Scots* – A queen who lost a throne for love, a beautiful monarch pampered and adored even as she was led to her beheading, a legend for all time.

Johnson, Kirk Wallace - *The Feather Thief: Beauty, Obsession, and the Natural History Heist of the Century* - Young man obsessed with fly-tying, the art of creating intricate fishing lures from exotic bird feathers, steals hundreds of rare birds from the British Museum in 2009.

Mazzeo, Tilar J. - *Irena's Children: The Extraordinary Story of the Woman Who Saved 2,500 Children from the Warsaw Ghetto* - WWII, German occupied Warsaw; Irena Sendler, Catholic social worker with unfaltering bravery, smuggled thousands of children to safe hiding out of the walled Jewish Ghetto; kept secret lists of the children's identities to reunite them with parents after war.

McCourt, Frank - *Angela's Ashes* - Author's story told with gritty humor of the miseries of growing up in abject poverty in Limerick, Ireland.

McCullough, David - *The Pioneers: The Heroic Story of the Settlers Who Brought the American Ideal West* - Northwest Territory (now Mid-Atlantic states), after the Revolutionary War, 5 major families overcame incredible hardships, to carve Marietta, Ohio, into a community of our now American ideals.

Orlean, Susan - *The Library Book* - Chronicles the disastrous Los Angeles Public Library fire, April 1986, and its aftermath to showcase the larger, crucial role that libraries play in our lives.

Purnell, Sonia - *A Woman of No Importance: The Untold Story of the American Spy Who Helped Win World War II* - Virginia Hall, worked as a British spy in France establishing resistance groups and leading sabotage missions; was so effective Gestapo branded her the "most dangerous of Allied spies" and hunted her relentlessly. Movie

Robinson, Mary - *Climate Justice: Hope, Resilience, and the Fight for a Sustainable Future* – Author, former President of Ireland, looks at climate change, its affects around the globe, and its intersection with poverty and inequality. She highlights solutions.

Ten Boom, Corrie – *The Hiding Place* – Holland, WWII, 2 Christian sisters hiding Jews are arrested and sent to German concentration camp.

Walls, Jeanette – *The Glass Castle* – Author's upbringing by nomadic, eccentric parents shapes her into a resilient woman. Movie but read book first.

Ward, Geoffrey C. – *Closet Companion: The Unknown Story of the Intimate Friendship Between Franklin Roosevelt and Margaret Suckley* - At FDR's request his distant cousin Margaret "Daisy" Suckley talked with him regularly in the White House. Her diary and letters offer dramatic new insights into FDR-both the man and the president.

Westover, Tara – *Educated, A Memoir* – Author, 7th child in an Idaho fundamentalist, survivalist, sometimes abusive family, never home schooled and kept out of school until age 17; with her quest for knowledge taught herself requirements to enter college and continued her education until received her Ph.D. in 2014.

FICTION

Badani, Sejal – *The Storyteller's Secret* – Distraught journalist Jaya goes to India to learn her family's past. Her grandmother's trusted servant helps her discover the legacy bequeathed to her and a strength she never knew was possible.

Baldacci, David – *Wish You Well* – 12 yr. old Louisa, her younger brother and invalid mother move to great-grandmother's VA. farm. To keep the farm they now love, fight in court to save it from developers. Movie & DVD (GMCMI member, Wendi Meredith, had a bit part in movie and said "I looked liked my great grandmother!")

Butler, Nickolas - *Little Faith: A Novel* - Wisconsin family grapples with the power and limitations of faith when one of their own falls under the influence of a radical church.

Evans, Richard Paul, - *The Road Home* – Book 3 of *Broken Road Series* – Chicago celebrity Charles James missed his plane that crashed, didn't let family know he was alive and instead began walking Rt. 66 from Chicago to CA in a journey of self-exploration and redemption. Read books in order

L'Amour, Louis - *North to the Rails: A Novel* (Book 6 of *The Talon and Chantry series of 8*) Tom Chantry vowed to live his life without ever carrying a gun. Discovers life is treacherous for an unarmed man on a cattle drive.

Owens, Delia – *Where the Crawdads Sing* – Kaya Clark, after surviving for years alone in a marsh, experiences love then is accused of murder.

Patchett, Ann - *The Dutch House*- Over five decades the indelible bond between a brother and his older sister, growing up wealthy then both thrown into poverty by their stepmother, plan revenge.

Patterson, James – *Sam's Letters to Jennifer* – Jennifer, after her husband's death, finds a packet of letters addressed to her from her Grandmother Sam; letters say love never dies, love endures.

Patterson, James, DiLallo, Richard – *The Christmas Wedding* - Widow Gaby determined to bring her 4 wayward children together at the family farm for her Christmas wedding, keeps the name of the groom secret.

Plain, Belva – *After the Fire*- Young artist commits an act she regrets, her physician husband blackmails her and gets custody of their young children. She remains silent even though she knows what really happened that fateful night.

Michaels, Fern – *Fancy Dancer* - Rich young adult man sentenced to community work for a year, finds a family closeness with Fancy and her mother.

Sparks, Nicholas – *Every Breath* - A chance encounter that becomes a touchstone for two vastly different individuals - transcending decades, continents, and the bittersweet workings of fate.

Stewart, Mary – *Nine Coaches Waiting* - 23-year-old Linda Martin, governess to young orphaned Philippe, heir to an estate in France and is in the care of his aunt and uncle. Linda realizes Philippe's life is in danger but who can she trust to help her keep him safe?

Weiner, Jennifer - *Mrs. Everything*- Two sisters (polar opposites), their lives from the 1950s to the present as they struggle to find their places and be true to themselves in a rapidly evolving world.

HISTORICAL FICTION

Beard, Janet- *The Atomic City Girls: A Novel* - WWII, in secret city, Oak Ridge, TN, hundreds of young women knew they were helping win the war operating massive machines; could ask no questions and reveal nothing to outsiders. Were part of the Manhattan Project to build the atomic bomb dropped on Hiroshima.

Blevins, Christine – *Midwife of the Blue Ridge* – 1760, 22 years old, Scottish Maggie Duncan, accomplished midwife, experiences dangers in frontier Appalachia as an indentured servant.

Coates, Ta-Nehisi - *The Water Dancer* – Mid 1800s in the South, slave Hiram Walker finds realistic magic and freedom of memory as he gets more involved in the Underground Railroad.

Doerr, Anthony - *All the Light We Cannot See* - A blind French girl and a German boy whose paths collide in occupied France as both try to survive the devastation of World War II.

Harris, Robert- *Pompeii* - As honest Roman engineer Attilius, A.D. 79, rushes to repair an aqueduct in the shadow of about to erupt Mount Vesuvius; must also deal with a corrupt official but is helped by the official's daughter.

Kelly, Martha Hall - *Lilac Girls* - Story alternates between three brave intelligent women, an American helping French orphans, a teen in Polish Resistance and a gifted Nazi surgeon as they experience the cruelty of WWII, 1939-1959

Quinn, Kate – *The Alice Network* - Two women—a female spy recruited to the real-life Alice Network in France during World War I and an unconventional American socialite searching for her cousin in 1947—are brought together in a story of courage and redemption.

Rum, Etan - *A Woman Is No Man*- Three generations of Palestinian-American women in America struggle to express their individual desires within the confines of their Arab culture in the wake of shocking intimate violence & oppression in their community.

Shafer, Mary Ann and Barrows, Annie – *The Guernsey Literary and Potato Peel Pie Society* –Letters after WWII tell how people on Guernsey Island outsmarted their German occupiers with their Literary Pie Society.

Thornton, Stephanie Marie – *American Princess: Novel of First Daughter Alice Roosevelt* – Daughter of Teddy Roosevelt was beautiful, witty, politically influential, for 90 years lived on her terms, uncaring of others opinions; triumphed over personal tragedies.

Whitehead, Colson - *The Nickel Boys* – Story of two boys sentenced in 1960s to Nickel Academy reform school, Florida. Inmates endured severe beatings, sometimes death and other abuses that warped lives of thousands of children during the 111 years was open (closed 2011).

SCIENCE FICTION

Butler, Octavia, E.- *Kindred* - Dana, African-American woman, 26 years, is suddenly wrenched through time into antebellum Maryland and saves a drowning white boy. During numerous time travel episodes with the same young slaveholder, she realizes why her challenge is to protect him.

Card, Orson Scott – *Ender's Game* - Andrew "Ender" Wiggins, from 6 years old through decades of genetic experimentation, desperately hoped to be the General to save Earth. Teen, Young Adult; Movie

HEALTH

Esselstyn MD, Caldwell B. – *Prevent and Reverse Heart Disease: The Revolutionary, Scientifically Proven, Nutrition-Based Cure* – Plant based, oil-free diet can prevent the progression of heart disease and also reverse its effects.

Gawande, Atul - *Being Mortal: Medicine and What Matters in the End* – Author, a surgeon; not just about dying and the limits of medicine but about living to the last with autonomy, dignity, and joy.

Greger, MD, Michael, and Stone, Gene - *How Not to Die: Discover the Foods Scientifically Proven to Prevent and Reverse Disease* – Diet that can prevent and reverse many of the 15 leading causes of premature, disease-related deaths.

Myers, M.D., Amy - *The Autoimmune Solution: Prevent and Reverse the Full Spectrum of Inflammatory Symptoms and Diseases* - Medically proven approach to prevent a wide range of inflammatory-related symptoms and diseases, including allergies, obesity, asthma, cardiovascular disease, fibromyalgia, lupus, IBS, chronic headaches, and Hashimoto's thyroiditis.

Myers, M.D., Amy - *The Autoimmune Solution Cookbook: Over 150 Delicious Recipes to Prevent and Reverse the Full Spectrum of Inflammatory Symptoms and Diseases*

RELIGIOUS

Fabry, Chris – *Every Waking Moment* - A young woman, Treha, has no memory of her past but has a special gift in talking with dementia and Alzheimer patients in the nursing home where she works. A new director sees no benefit in keeping her on the staff. Christian Fiction

Jeremiah, Dr. David - *Overcomer: 8 Ways to Live a Life of Unstoppable Strength, Unmovable Faith, and Unbelievable Power*- Ephesians 6:10-18, author explores the powerful relevance of spiritual armor as a critical tool each day to confront the specific challenges in our lives and of our time.

Lahaye, Tim and Jenkins, Jerry B. – *Left Behind – Series of 12* - From the Rapture to the Glorious Appearing-fictional stories based on the Bible with supporting scriptures.

William P. Young - *The Shack*— grief stricken father learns God's purpose for the death of his daughter. Also DVD

MYSTERY

Goodman, Carol – *The Night Visitors: A Novel* - Mattie, a social worker who has past secrets, on a snowy night takes into her home Alice, fleeing an abusive relationship and a 10 year old boy. They are then confronted by a murderer.

Graham, Heather – *A Legal Legacy* – (Book 4 of 5 of *New York Confidential series*)- Special Agent Craig Frasier and psychologist Kieran Finnegan investigate the recent murder and the blood-soaked past on Douglas Island owned by Frasier's cousin, Finn.

Harris, Robert – *Fatherland* - Alternative history-Nazis won WWII- 1964 German Reich has uneasy peace with rival US. Identity of a body near Berlin uncovers signs of a conspiracy that could go to the top of the German Reich. Also a movie.

Hillerman, Anne – *The Tale Teller: (Book 23 in series Leaphorn, Chee & Manuelito)* As Navajo policeman, Lieutenant Joe Leaphorn looks for a missing traditional Navajo dress donated to the Navajo Nation, his investigation merges with a burglaries investigation by his colleagues, Jim Chee and Officer Bernie Manuelito.

Hogsette, Annie - *Murder to the Metal* – (Book 2 of series –*Somebody's Bound to Wind Up Dead*) – T&A Detective Agency, run by blind Tom and partner Allie, as they solve a crime, must also protect Tom's \$550-million lottery winnings from potential thieves. Read in order

Flanders, Judith – *A Murder of Magpies*-(Book 1 of 4 – Series *Sam Clair*)- Samantha "Sam" Clair, book editor, is drawn into a murder and money laundering investigation in England and France.

Morton, Kate – *The Clockmaker's Daughter* - Story of murder, mystery and thievery, of art, of love and loss, told by multiple voices from 1862 to 150 years later in London as secrets are revealed.

Patterson, James – *Woman of God*- Possibly a woman will be chosen as new Pope in Rome but she's made some powerful enemies who will stop at nothing-not even murder.

Triple Homicide- Three electrifying thrillers with Alex Cross, Michael Bennett, Women's Murder Club.

Penny, Louise – Series- Chief Inspector Garmache

Peters, Elizabeth – Series - Amelia Peabody, archeologist, historical mysteries in early 1900s, Egypt
Series- Vicki Bliss, university art historian, solves mysteries

Woods, Stuart – Series - Stone Barrington